Care for an Intoxicated Person & Signs of Alcohol Poisoning
Any person that has repeated uncontrolled vomiting, slowed respiration, altered consciousness, and cool pale or bluish skin needs immediate medical attention!

Care for the Intoxicated
• Never leave an intoxicated person unattended. They should be continually monitored.
• Do not let the person drive, bike, or leave with a stranger.
• Be sure that a person who is vomiting does not lie down: they could fall asleep or pass out and choke on their vomit. Try to keep them sitting up. If they must lie down, lay them on their side.
• Monitor their breathing. If breathing becomes slow, shallow or the person passes out, call 911!
• If your friend says they are just going to “sleep it off”, be sure to check on him/her often. Even when a person is sleeping, alcohol levels may continue to rise and cause the person to lose consciousness. If at any time you are unable to wake the person, call 911.
• Do not assume you should wait until a person passes out to call 911. If a person appears to need more help than you are able to provide, call for help.

Signs of Alcohol Poisoning
Alcohol poisoning is a medical emergency. A person exhibiting any of the following needs immediate medical attention. Call 911 and do not leave the person alone.

• Slow or irregular breathing (less than 13 breaths per minute or more than 8 seconds between breaths)
• Vomiting repeatedly
• Cold, clammy, and/or bluish skin
• Unresponsive: person appears asleep or in a daze, but you are unable to wake him/her

Emergency Tips
• Turn the person on their side to prevent choking & call 911 immediately.
• Continue to monitor breathing. If breathing stops, roll the person on their back and perform CPR immediately.

If you’re not sure if someone needs help, call 911. It’s better to be safe than sorry!

Note: calling 911 from a campus land-line phone connects you to on-campus police. Calling 911 from a cell phone will connect you to the Starkville police department.

In Starkville, the nearest hospital emergency room is Oktibbeha County Hospital, located at 400 Hospital Rd. off N. Jackson St.