

## Instructions for Allergy Patients

The John C. Longest Student Health Center welcomes you as one of our "Allergy Shot Patients." Since we administer antigens/extracts/vaccines from numerous **DIFFERENT** allergists, for safe administration, we do require your cooperation with the following procedures:

1. All vials must be labeled with:
  - a. Your name
  - b. Date of expiration
  - c. Identification of the vial
2. The instruction sheet must state:
  - a. The name, address, and office telephone number of the prescribing allergist
  - b. The frequency of injections
  - c. The dosing schedule for each injection
  - d. Specific instructions regarding dosage if you are late for a scheduled injection or had an adverse reaction to the last dose given
  - e. The route of administration for each injection
  - f. Instructions for mixing in one syringe antigens from different vials, if prescribed by your allergist
  - g. Information concerning the treatment of adverse reactions to the antigens
3. Injections will be given in the Shot Room Monday through Friday between 8:00 a.m. and 4:30 p.m. by **APPOINTMENT ONLY** when a physician is in the building to treat any adverse reactions. Medications, such as Epinephrine, are available for appropriate treatment of an adverse reaction. You **MUST** make appointments for your shots.
4. It is recommended that all patients remain under observation in the LSHC for 20 minutes after their injection(s) to make sure they do not have an adverse reaction. These symptoms consist of any of the following: itchy eyes, nose, or throat, nasal congestion, runny nose, tightness in the throat or chest, coughing, increased wheezing, lightheadedness, faintness, nausea, hives or generalized itching.
5. Injection sites are to be **CHECKED BY A NURSE BEFORE YOU LEAVE THE LSHC.**
6. The LSHC charges an administration fee:
  - a. \$3.00 for single injection/ visit for Student Patients
  - b. \$1.00 for each additional injection / visit for Student Patients
  - c. \$14.00 for single injection/ visit for Private Patients
  - d. \$18.00 for multiple injections/ visit for Private Patients
7. You are to sign in at the **Reception Desk**. Wait there for a printed superbill. Then proceed to the Shot Room. In the Shot Room, you are asked to get your vaccine and chart. Place your chart in the box on the door **behind** any charts that are already there, and you and your vaccine have a **seat in the SMALL WAITING ROOM on the short cross hall**. You will be called in order as quickly as is safely possible.
8. All supplies, except the allergy vaccine, will be furnished by the Health Center.
9. Vaccines may be sent directly to the Health Center where it will be immediately stored in the refrigerator. **YOU** are responsible for being sure your vaccine is ordered.

We welcome you to our service, and will listen intently to any suggestions you may have regarding improvement of your care. **WE DO NOT HESITATE TO CALL YOUR ALLERGIST IF THERE IS ANY QUESTION (S) REGARDING YOUR TREATMENT.**

May 30, 2003  
A.L.