

# University of Mississippi

## CHEERS to the Designated Driver

CHEERS is a program that encourages individuals not to drink and drive by providing free non-alcoholic drinks to designated drivers.

The University of Mississippi

P.O. Box 2065

University, MS 38677

Phone: 228.617.2326

Fax: 228.896.9032

[um.cheers@gmail.com](mailto:um.cheers@gmail.com)

<http://sites.google.com/site/cheersofmississippi/>

## Rebel Ride

Rebel Ride provides free and safe transportation to designated locations throughout Oxford.

Phone: 662.801.7890

Hours of Operation:

Thursday – Friday 9 p.m. – 2 a.m.

Saturday 9 p.m. – 1 a.m.

Email: [rebelrid@olemiss.edu](mailto:rebelrid@olemiss.edu)

[www.olemiss.edu/rebelride/](http://www.olemiss.edu/rebelride/)

85% of Ole Miss students  
make arrangements for a  
designated driver when un-  
der the influence of alcohol  
Data from a random sample of 995 Ole Miss Students 2008

Pace Yourself  
66% of Ole Miss students  
drink less than one drink per  
hour when partying  
Data from a random sample of 995 Ole Miss Students 2008



[www.under21staydry.com](http://www.under21staydry.com)



Center for Health Behavior Research

University of  
Mississippi

Student  
Resource  
Directory



The University of  
Mississippi

Office of Health  
Promotion

662.915.3459

## University of Mississippi

### Office of the Dean of Students

The University of Mississippi  
Student Union, Suite 422  
University, MS 38677  
Phone: 662.915.7248  
Fax: 662.915.5735  
Email: [deanst@olemiss.edu](mailto:deanst@olemiss.edu)  
[www.dosolemiss.com](http://www.dosolemiss.com)

### V.B. Harrison Student Health Center

Location: Rebel Drive  
P.O. Box 1848  
University, Mississippi 38677  
Phone: 662.915.7274  
Hours of Operation:  
Monday – Thursday 8 a.m. – 5 p.m.  
Friday 9 a.m. – 5 p.m.  
[www.olemiss.edu/depts/stu\\_health/](http://www.olemiss.edu/depts/stu_health/)  
Office of Health Promotion: 662.915.6543

### The University of Mississippi Psychological Services Center

382 Kinard Hall  
University, MS 38677  
Phone: 662.915.7385  
Hours of Operation:  
Monday – Friday 9 a.m. – 4 p.m.  
[www.olemiss.edu/depts/psc/](http://www.olemiss.edu/depts/psc/)

### University of Mississippi Police Department (UPD)

Kinard Hall Wing C  
Rebel Drive  
University, MS 38677  
Phone: 662.915.7234  
Fax: 662.915.5371  
Email: [upd@olemiss.edu](mailto:upd@olemiss.edu)  
[www.olemiss.edu/depts/upsu\\_police/](http://www.olemiss.edu/depts/upsu_police/)

## University of Mississippi Counseling Center

### The University of Mississippi Counseling Center

Location: Corner of Poole and All American Drive  
University, MS 38677  
Phone: 662.915.3784  
Fax: 662.915.7831  
Email: [counselg@olemiss.edu](mailto:counselg@olemiss.edu)  
Hours of Operation:  
Monday – Friday 8 a.m. – 5 p.m.  
[www.olemiss.edu/depts/stu\\_counseling/](http://www.olemiss.edu/depts/stu_counseling/)

Young People's AA Meeting is a traditional 12 step Support Group for individuals seeking abstinence from alcohol and drug use. The group meets on Tuesdays at 6 p.m. For more information contact Amy Fisher at 662.915.3784

Al-Anon is a traditional 12 step Support Group supporting those friends and family who are affected by the abuse of alcohol and drugs. Meetings are held each Wednesday in the group room of the Counseling Center at 5:30 p.m. For more information contact Amy Fisher at 662.915.3784

Crossroads is an intensive alcohol and drug early intervention program that meets several times per week and offers individual and group sessions. For more information contact Amy Fisher at 662.915.3784

Early Intervention Support Group is for students seeking to modify alcohol and drug use habits. For more information contact Amy Fisher or Keysha Thomas at 662.915.3784

Oasis is a support group for students who are making a change and are trying to establish or maintain an alcohol-free and drug-free lifestyle. Meetings are held in the Counseling Center at 5 p.m. each Wednesday. For more information contact Amy Fisher or Morgan Litchfield at 662.915.3784

## City of Oxford and Lafayette County

### Oxford Police Department

715 Molly Barr Road  
Oxford, MS 38655  
Phone: 662.232.2400  
Fax: 662.232.2314  
[www.oxfordpolice.net](http://www.oxfordpolice.net)

### Family Crisis Services of Northwest Mississippi, Inc.

A prevention education and victim assistance organization.  
[www.watervalley.net/users/rcs/default.html](http://www.watervalley.net/users/rcs/default.html)  
24-hour Hotline:  
662.234.9929  
1.800.230.9929 (toll-free number)

### Communicare

is a mental health center that offers three types of services: outpatient treatment, residential treatment, and consultation.  
Lafayette County Office:  
152 Highway 7 South  
Oxford, MS 38655  
Phone: 662.234.7521  
Fax: 662.236.3071  
[www.communicarems.org](http://www.communicarems.org)

### Lafayette County Health Department

LCHD offers healthcare services to individuals at a discounted rate.  
101 Veterans Drive  
P.O. Box 1395  
Oxford, MS 38655  
Phone: 662.234.5231  
Hours of Operation:  
Monday – Friday 8 a.m. – 5 p.m.

### Alcoholics Anonymous

AA is an organization that provides assistance to individuals dealing with alcohol problems.  
North Mississippi 24-hour Hotline:  
662.533.9102  
[www.aa.org/](http://www.aa.org/)